



POSTOPERATIVE CARE OF THE LARYNGOSCOPY/BRONCHOSCOPY/ ESOPHAGOSCOPY PATIENT

Diet

The patient should ingest large amounts of liquids for a week after surgery.

The patient should eat soft foods, which they will tolerate better since their throat may feel uncomfortable.

Pain

Tylenol is usually sufficient to control discomfort.

A cool mist vaporizer will help alleviate dry throat.

Activity

The patient should avoid strenuous activity, such as exercise, heavy lifting, sports, etc., for one week following surgery.

The patient should minimize their voice use for one week after surgery.

Problems

You should report any unusual pain in the throat, nasal or oral bleeding, shortness of breath, cough, or fever over 101 degrees to the physician immediately.

PLEASE CONTACT OUR OFFICE AT 478-743-8953 IF YOU HAVE ANY QUESTIONS OR CONCERNS.