



## POSTOPERATIVE INSTRUCTIONS

### **Call our office if:**

1. Fever is greater than 102 degrees.
2. Bleeding occurs.
3. Surgical area becomes red, swollen, warm to touch or drains pus.
4. Patient vomits more than twice in a 24-hour period.
5. Patient becomes listless, hard to arouse.
6. Urine changes color, especially if it becomes cola-colored.

### **Follow your surgeon's instructions regarding:**

1. Diet as tolerated, unless instructed otherwise.
2. Drink plenty of fluids.
3. Wound Care:
  - Keep incision clean and dry.
  - Avoid tension or pulling at stitches.
  - Coat suture line gently with Neosporin®, Bactroban or other antibiotic ointment using a Q-tip® as instructed by physician.
  - Change dressing as ordered by physician.
  - If you have Steri-Strips on the operative site, they will fall off by themselves.
4. Avoid blood thinners, such as aspirin, ibuprofen, Coumadin, Heparin or any NSAID, for 14 days following surgery.
5. Avoid strenuous activities or becoming overheated for 14 days following surgery.

**Please contact our office at 478-743-8953 if you have any questions or concerns.**