

POSTOPERATIVE INSTRUCTIONS

Call our office if:

- 1. Fever is greater than 102 degrees.
- 2. Bleeding occurs.
- 3. Surgical area becomes red, swollen, warm to touch or drains pus.
- 4. Patient vomits more than twice in a 24-hour period.
- 5. Patient becomes listless, hard to arouse.
- 6. Urine changes color, especially if it becomes cola-colored.

Follow your surgeon's instructions regarding:

- 1. Diet as tolerated, unless instructed otherwise.
- 2. Drink plenty of fluids.
- 3. Wound Care:
 - · Keep incision clean and dry.
 - Avoid tension or pulling at stitches.
 - Coat suture line gently with Polysporin, Bactroban or other antibiotic ointment using Q-tips® as instructed by physician. *Do Not Use Neosporin®.*
 - Change dressing as ordered by physician.
 - If you have Steri-Strips on the operative site, they will fall off by themselves.
- 4. Avoid blood thinners, such as aspirin, ibuprofen, Coumadin, Heparin or any other blood thinners, for 14 days following surgery.
- 5. Avoid strenuous activities or becoming overheated for 14 days following surgery.

Please contact our office at 478-743-8953 if you have any questions or concerns.