



## VAGUS NERVE STIMULATOR POST-OP INSTRUCTIONS

### **Call Our Office If**

- 1) Fever is greater than 102.
- 2) Bleeding occurs.
- 3) Surgical area becomes red, swollen, warm to touch, or drains pus.
- 4) Patient vomits more than twice in a 24-hour period.

### **Follow Your Surgeon's Instructions Regarding**

- 1) Diet as tolerated, unless instructed otherwise.
- 2) Drink plenty of fluids.
- 3) Wound Care:
  - Keep incision clean and dry. You may briefly shower in 48 hours; pat dry with a towel over incisions.
  - Avoid tension or pulling at stitches.
  - Change dressing as ordered by the physician.
  - If steri-strips or skin glue have been applied to the operative site, they will fall off by themselves.
- 4) Avoid blood thinners such as Aspirin, Coumadin, and Heparin for 3-5 days following surgery.
- 5) Avoid strenuous activities or becoming overheated for 14 days following surgery.
- 6) You will follow up for a wound check in about 1 week. You should make sure you have an appointment with your neurologist for 2 weeks after surgery for activation.

**Please contact our office at 478-743-8953 if you have any questions or concerns.**