



POSTOPERATIVE CARE OF THE LARYNGOSCOPY/BRONCHOSCOPY/ ESOPHAGOSCOPY PATIENT

Diet

Large amounts of liquids are recommended for a week after surgery.

Soft foods will be better tolerated as the throat may be uncomfortable.

Pain

Tylenol is usually sufficient to control discomfort.

A cool mist vaporizer will help alleviate dry throat.

Activity

The patient should avoid strenuous activity, such as exercise, heavy lifting, sports, etc., for one week following surgery.

Voice use should be minimized for one week after surgery.

Problems

Any unusual pain in the throat, nasal or oral bleeding, shortness of breath, cough, or fever over 101 degrees should be reported to the physician immediately.

Please hold or discontinue Aspirin or blood thinners as instructed by your primary care physician prior to surgery.

PLEASE CONTACT OUR OFFICE AT 478-743-8953 IF YOU HAVE ANY QUESTIONS OR CONCERNS.