



POSTOPERATIVE CARE FOR THE DISE (DRUG INDUCED SLEEP ENDOSCOPY) PATIENT

Diet

Large amounts of liquids are recommended for a week after surgery.

No dietary restrictions.

Pain

Tylenol and/or Motrin is usually sufficient to control discomfort.

A cool mist vaporizer will help alleviate dry throat.

Activity

You may resume normal activities with no restrictions the day after surgery.

Problems

Any unusual pain in the throat, nasal or oral bleeding, shortness of breath, cough, or fever over 101 should be reported to the physician immediately.

Please contact our office at 478-743-8953 if you have any questions or concerns.