



POSTOPERATIVE CARE OF THE LARYNGOSCOPY/BRONCHOSCOPY/ESOPHAGOSCOPY PATIENT

Diet

Large amounts of liquids are recommended for a week after surgery.
Soft foods will be better tolerated as the throat may be uncomfortable.

Pain

Tylenol and/or Motrin is usually sufficient to control discomfort.
A cool mist vaporizer will help alleviate dry throat.

Activity

The patient should avoid strenuous activity such as exercise, heavy lifting, sports, etc., for 1 week following surgery.
Excessive voice use should be minimized for 1 week after surgery. Do not scream or whisper; just speak normally when speaking.

Problems

Any unusual pain in the throat, nasal or oral bleeding, shortness of breath, cough, or fever over 101 should be reported to the physician immediately.

Please contact our office at [478-743-8953](tel:478-743-8953) if you have any questions or concerns.