



## POSTOPERATIVE INSTRUCTIONS

### **Call our office if**

- 1) Fever is greater than 102.
- 2) Bleeding occurs.
- 3) Surgical area becomes red, swollen, warm to touch, or drains pus.
- 4) Patient vomits more than twice in a 24-hour period.
- 5) Patient becomes listless, hard to arouse.
- 6) Urine changes color, especially if it becomes cola-colored.

### **Follow your surgeon's instructions regarding**

- 7) Diet as tolerated, unless instructed otherwise.
- 8) Drink plenty of fluids.
- 9) Wound Care:
  - Keep incision clean and dry.
  - Avoid tension or pulling at stitches.
  - Coat suture line gently with Vaseline.
  - Change dressing as ordered by the physician.
  - If steri-strips have been applied to the operative site, they will fall off by themselves.
- 10) Avoid blood thinners such as Aspirin, Coumadin and Heparin for 3-5 days following surgery.
- 11) Avoid strenuous activities or becoming overheated for 14 days following surgery.

**Please contact our office at 478-743-8953 if you have any questions or concerns.**