



Postoperative Care Instructions Following Pediatric Airway Exam

Medications

- You may take Children's Tylenol every 6 hours and alternate with Children's Ibuprofen every 6 hours. For example: Tylenol at 9a, Motrin at 12p, Tylenol at 3p, Motrin at 6p, etc.

Tylenol 160mg/5mL

Ibuprofen 100mg/5mL

- If given, take prescribed steroids as prescribed.
- Resume all other medications unless otherwise noted.

Activity

- **For 24 hours:** Limit your child's activity for the next 24 hours and get plenty of rest.
- Your child may plan to return to school/daycare as tolerated or as instructed.

Diet

- No restrictions.
- Ensure adequate hydration following surgery.

Call your doctor (or go to the emergency room) if you have.

- Unusual pain in the throat
- Fever over 101.5 F that doesn't improve with Tylenol.
- Any active bleeding. You may spit up some blood-tinged mucus which is normal.
- Any trouble breathing or shortness of breath.
- Surgical area becomes red, swollen, warm to touch, or drains pus.
- Patient becomes listless, hard to arouse.
- Urine changes color, especially if it becomes cola colored.

Please contact our office at 478-743-8953 if you have any questions or concerns.

Please attempt to contact our office first so that we may advise you appropriately. If for any reason, you are unable to reach our office or your surgeon in an emergency, please go to the nearest emergency room.