



Postoperative Care Instructions Following DISE (Drug Induced Sleep Endoscopy)

Medications

- Take Tylenol and/or Motrin if needed for pain.
- Resume all other medications unless otherwise noted.

Activity

- You may resume normal activities with no restrictions the day after surgery.

Diet

- Diet as tolerated, unless instructed otherwise.
- Drink plenty of fluids.

Call your doctor (or go to the emergency room) if you have.

- Fever over 101.5 F that doesn't improve with Tylenol.
- Nasal or oral bleeding
- Any trouble breathing.
- Patient becomes listless, hard to arouse.

Please contact our office at 478-743-8953 if you have any questions or concerns.

Please attempt to contact our office first so that we may advise you appropriately. If for any reason, you are unable to reach our office or your surgeon in an emergency, please go to the nearest emergency room.