



Post-operative Instructions Following Frenotomy

Medications

- Alternate Children's Tylenol with Children's Motrin as needed.
- Resume all other medications unless otherwise noted.

Activity

- If instructed massage the wound twice daily for two weeks.
- Ok to return to school as tolerated.

Diet

- Advance diet as tolerated.
- It is importance to stay hydrated. Please ensure ample fluid intake following surgery.

Bleeding

- You may notice some mild oozing following surgery. If bleeding is noted, apply pressure to the area.

When to Call the Doctor

- Bleeding that will not stop with applying pressure.
- Fever higher than 101.5
- Surgical area becomes red, swollen, warm to touch, or drains pus.
- Patient vomits more than twice in a 24-hour period.
- Patient becomes listless, hard to arouse.

Please attempt to contact our office first at 478-743-8953 so that we may advise you appropriately. If for any reason, you are unable to reach our office or your surgeon in an emergency, please go to the nearest emergency room.