



## Postoperative Care Instructions Following Laryngoscopy/Bronchoscopy/Esophagoscopy

### Medications

- Take Tylenol and/or Motrin for pain as needed.
- A cool mist vaporizer will help alleviate dry throat.
- Resume all other medications unless otherwise noted.

### Activity

- **For 24 hours:** Limit your activity for the next 24 hours and get plenty of rest.
- You may plan to return to work as tolerated.
- Excessive voice use should be minimized for 1 week after surgery. Do not scream or whisper, just speak normally when speaking unless on voice rest.

### Diet

- No restrictions.
- Ensure adequate hydration following surgery.

### Call your doctor (or go to the emergency room) if you have

- Unusual pain in the throat
- Fever over 101.5 F that doesn't improve with Tylenol
- Any active bleeding. You may spit up some blood-tinged mucus which is normal
- Any trouble breathing or shortness of breath
- Surgical area becomes red, swollen, warm to touch, or drains pus
- Patient becomes listless, hard to arouse
- Urine changes color, especially if it becomes cola-colored

**Please contact our office at 478-743-8953 if you have any questions or concerns.**

**Please attempt to contact our office first so that we may advise you appropriately. If for any reason, you are unable to reach our office or your surgeon in an emergency, please go to the nearest emergency room.**